

AppleSeed International Montessori School

1095 Dunford Way, Suite 300, Bldg. M

Sunnyvale, CA. 94087

Tel: (408) 260-9333

Sample Daily Schedule - Preschool, Pre-K, Kindergarten

8:45 - 9:20	Receiving, morning story
9:20 - 10:00	Morning Circle: roll call, calendar, Montessori job presentation, songs, games, stories, group activities
10:00 - 10:10	Bathroom, clean-up
10:10 - 10:40	Playground
10:40 - 10:50	Change shoes, bathroom
10:50 - 11:35	Montessori work session, free choice, small group lessons & individual lessons (snack available at this time)
11:35 - 11:45	Prepare for lunch
11:45 - 12:15	Lunch
12:15 - 12:30	Clean-up, bathroom, prepare for nap
12:30 - 2:50	Nap time
2:50 - 3:30	Clean-up, bathroom
3:30 - 4:00	Snack & playground
4:00 - 4:20	Afternoon Circle: Stories, music & movement, group activities
4:20 - 4:40	Bathroom
4:40 - 5:30	Montessori work session, free choice, small group lessons & individual lessons
5:30 - 6:00	Book time, dismissal